



Program Requirement Checklist: MA Theology, Spiritual Care and Psychotherapy – FULL TIME

| In Person vs. Online Courses at Laurier | | |
|---|---|--|
| Feature | In Person Classes | Online Courses at Luther/Laurier |
| Design | On-campus courses that you must attend class in person. | Originally and intentionally designed as an online course . |
| Identification | TH course code <u>without VA or VS designation</u> means it is in person at Luther. | You can identify an online course on LORIS by checking the section. Virtual Asynchronous online courses are marked VA . Virtual Synchronous are VS . |
| Class Meetings & Format | Usually a 3 hour class once per week for a 12 week term or Intensive format. As we are CRPO regulated, missing classes means you are missing required content (professional competencies) and is not permitted (unless under extreme circumstances). “Intensive” format means it is in person at Luther but does not run the standard format 3 hours once per week. Intensive courses run full days for 5-6 days (please check your syllabus). Intensive days/times are not posted in LORIS. Please see this Luther link for dates/times . | Virtual Asynchronous (VA) do not include regularly scheduled class meeting times. VA course instruction will occur asynchronously, while Virtual Synchronous courses (VS) are delivered at a specific day and time. VA courses may occasionally include 1 or 2 scheduled components for virtual interaction, such as for getting to know your professor and classmates. Some online courses may also include a requirement to regularly meet with a peer group . |
| Fees Link to Tuition & Fees webpage | In-person and online classes have the same fee structure. Full Time students pay per term, and Part Time students pay per course. | In addition to all regular Laurier tuition and fees, online courses are subject to an online course administration fee. |

Please use the below Checklist to indicate the courses you have already taken and those you plan to take during the coming year. This is not an “official registration” but is for **planning purposes only**. **Please complete this form and take it to each advising appointment.**

Name: _____ Email: _____ Student ID: _____

Academic Advisor & Practicum Administrative Coordinator

Aafiya Tinwala: lutherstudents@wlu.ca

Practicum Clinical Advisor

Sarah Ciotti: sciotti@luther.wlu.ca

IMPORTANT INFORMATION ABOUT REGISTERING FOR COURSES

- **NOTE:** Dates/times/locations for courses held in the Fall and Winter terms can be found on LORIS.
 - To find the days/times of “Intensive” courses, see [Courses at Luther](#).
- In LORIS, we recommend putting in the term (Fall 2025) and then adding in the subject (Theology) and then searching (don’t add the course code) so that all the courses come up for you.
- Unless noted otherwise, all courses are worth 0.5 credits.
- Students should register **early** for their courses. Courses fill up quickly, so registering early will help you get into the required courses.
 - **Register for the Fall and Winter in May** (starting **May 15th**). You can also register for Spring at this time, but we recommend **waiting until January 5th to register for Spring courses** because the Spring course schedule is not confirmed until then.
- Students should take at least one Theology or Scripture course each term to ensure the integration of spirituality and psychotherapy can begin early in the program.

NOTE ABOUT INTENSIVE COURSES, TIME MANAGEMENT & BUDGETING

Please keep in mind that when taking “Intensive” courses, you will need to do preparation work (such as completing readings) before the start of the course. We suggest giving yourself **at least a week** in advance of the course, but **ideally 2-3 weeks**, to complete this preparation work.

We also encourage you to consider budgeting time and money for your own personal therapy during your studies, particularly before Practicum.

PRACTICUM PLACEMENT & REQUIRED COURSES

Students must complete a minimum of eight courses, including all pre-requisite courses for the Practicum, before beginning their Placement.

Placement occurs in the second year of the Full Time program. It's important to note that Part Time students also require a minimum of 8 courses, including all the pre-requisite courses, before undertaking their Practicum Placement. For Part Time students, Placement typically occurs in the third year of the program.

- Make sure you complete all the pre-requisites for the Practicum I and Practicum II courses (TH664M & TH664Q) or SPE course (TH652A) before starting your Placement in May or September of your second year.
 - If you are taking SPE (TH652A) as your Placement option, you must take all the same pre-requisites as Practicum (TH664M & TH664Q) students. Students should enroll in the same course section of Practicum (I and II) (A, B, C, or D) for both terms.
 - Students can **NOT** do both an SPE and a Practicum Placement during their program – you must choose one or the other.
- Some Placements require specific electives. Any questions should be directed to Practicum Clinical Advisor, Sarah Ciotti.
- Pre-requisites for Practicum (and SPE) are shaded in **green** in the Checklist below.
 - Pre-requisites can **NOT** be taken concurrently with Placement.

PLACEMENTS WITH A SPRING (MAY) START

- If you are starting your Practicum Placement **in May, you must register in TH664M in the Spring term to be covered by the university's liability insurance.** You will still also register in TH664M for the Fall term. Classroom sessions for TH664M will not start until the Fall.
 - If starting your Placement in May, we recommend limiting your courseload to **TWO** courses (in addition to TH664M).
 - Please note that although there is no coursework, taking TH664M in Spring **does count toward your overall courseload.**
As a reminder, Part Time students have a courseload of 1-2 courses, and Full Time students have a course load of 3-4 courses.
- Once your practicum placement is finalized, complete your Learning Covenant (more information can be found in the [Luther Hub](#)). Once completed, **upload your Learning Covenant to your TH664M Spring course.**
- You will need to resubmit the Learning Covenant to your respective TH664M instructor in the Fall term.

Days/Times are subject to change. Be sure to check that the days and times on LORIS before registering to ensure they have not changed. You can also use the [LORIS Visual Schedule Builder](#) tool to make your planning easier.

OVERALL PROGRAM CHECKLIST

Full Time students take 3 or 4 courses per term. This checklist recommends which courses to take in your first year (noted in **yellow**). Taking these courses as identified will ensure that you are ready for the Practicum course and Placement in your second year. Courses with pre-requisites or additional considerations are noted in **blue**.

NOTE: If you are choosing to take 3 courses per term, you will have to complete at least 2 courses in the Spring term of your first year in order to be prepared for Practicum and Placement in your second year.

| Sacred Scriptures and Resources Required: Take TWO of the following courses: | Term Taken/Plan to Take (ie Fall 2026) |
|--|---|
| TH503A – Survey of the Hebrew Scriptures | |
| TH503C – Survey of the New Testament | |
| TH503E – Reading and Interpreting the Qur’an | |
| TH503H – Buddhist Discourses on Care | |
| TH530E – Foundations of Spiritualities | |
| Theology/Wisdom Traditions Required: Take ALL of the following courses: | |
| TH530A – Introduction to God and Theological Reflection | |
| TH644A – Indigenous Wisdom and Methodology | |
| TH645A – Intersectionality: Interfaith and Intercultural perspectives | |
| Required: Take ONE of the following courses: | |
| TH530B – Introduction to Jesus and Salvation | |
| TH530C – Introduction to the Spirit and Community | |
| TH503F – Survey of Sources in Asian Wisdom Traditions | |

Psychotherapy and Counselling Courses

Required: Take **ONE** of the following courses (as a Practicum/SPE pre-requisite):

TH663M – Family Therapy Overview

TH663Z – Theory of Change

TH664O – The Neuroscience of Psychotherapy

Pre-requisite: TH663M – Family Therapy Overview or TH663Z – Theory of Change or instructor permission

TH663L – Sex and Gender for Care Providers

Human Development

Required: Take THIS course:

TH663V – Human Development

Other Required Courses (Core Practicum Pre-Requisites)

Required: Take **ALL** of the following courses (as Practicum/SPE pre-requisites):

TH664H – Professional Studies and Ethics

TH663Y – Assessment

TH664L – Pre-Practicum

Other Required Courses (Practicum)

TH664M & TH664Q – Practicum I & Practicum II are two 0.5 credit courses that you take in the Fall and Winter of your second year. You take these courses as you are also working at your placement site. There are 4 sections to choose from: A, B, C or D.

You are required to **register in the SAME SECTION for both Practicum I and Practicum II**, so that you are in the same class with the same instructor for both Fall and Winter terms. Please be sure to pay close attention to this when registering for classes.

TH652A – Supervised Pastoral Education is a 1.0 credit course that you can take in an intensive format (1 term) or extended format (2 terms).

If you choose to take **TH652A**, you do not attend class at Luther. Classes are held at your SPE location.

Pre-requisites for TH664M and TH652A are:

- One course from the Psychotherapy and Counselling Courses section (TH663L, TH663M, TH663Z or TH664O)
- Any other one Counselling course
- TH664H – Professional Studies and Ethics
- TH663Y – Assessment
- TH664L – Pre-Practicum

Required: Take the TWO following courses:

TH664M – Practicum I

(or TH652A – Supervised Pastoral Education)

TH664Q – Practicum II

(or TH652A – Supervised Pastoral Education)

Additional Counselling Theory Elective

Required: Take ONE of the following counselling theory courses below, or an additional course from the Psychotherapy and Counselling Theory section above **(as Practicum/SPE pre-requisites):**

TH663C – Cognitive and Dialectic Behaviour Therapy

TH663O – Therapeutic Modalities for Working with Children

TH663R – Emotionally Focused Couple Therapy

Prerequisite: TH663W – Couple Therapy: Intervention

TH663S – Spiritually Integrated Psychotherapy

TH663W – Couple Therapy: Intervention

TH664A – Introduction to Art Therapy

NOTE: We strongly recommend taking ONLY TWO of the following courses (TH664A, TH664S and TH664R) as you can only transfer two courses if you later pursue the Graduate Diploma in Applied Expressive Arts & Psychotherapy). This also allows you room for more variety in your Counselling Electives section.

TH664D – Post-Modern Family Therapy

TH664P – Mindfulness and Psychotherapy

Additional Counselling Electives

Required: Take TWO of these courses. These can be selected as an additional course from the Psychotherapy and Counselling Theory section, the Additional Counselling Theory Electives above, or from the following options below.

TH663A – Grief

TH663U – Healing Alternative Adolescent

TH663X – Addiction, Mental Health and Spirituality: Clinical Applications

TH664T – Trauma and Theodicy

TH664R – Introduction to Drama Therapy

NOTE: We strongly recommend taking ONLY TWO of the following courses (TH664A, TH664S and TH664R) as you can only transfer two courses if you later pursue the Graduate Diploma in Applied Expressive Arts & Psychotherapy). This also allows you room for more variety in your Counselling Electives section.

TH664S – Introduction to Music Therapy

NOTE: We strongly recommend taking ONLY TWO of the following courses (TH664A, TH664S and TH664R) as you can only transfer two courses if you later pursue the Graduate Diploma in Applied Expressive Arts & Psychotherapy). This also allows you room for more variety in your Counselling Electives section.