

# Program Requirement Checklist: MA Theology, Spiritual Care and Psychotherapy – FULL TIME

In Person vs. Online Courses at Laurier			
Feature	In Person Classes	Online Courses at Luther/Laurier	
Design	On-campus courses that you must attend class in person.	Originally and intentionally designed as an online course.	
Identification	<b>TH</b> course code <u>without VA or VS designation</u> means it is in person at Luther.	You can identify an online course on LORIS by checking the section. Virtual Asynchronous online courses are marked VA. Virtual Synchronous are VS.	
Class Meetings & Format	Usually a 3 hour class once per week for a 12 week term <b>or</b> Intensive format. As we are CRPO regulated, missing classes means you are missing required content (professional competencies) and is not permitted (unless under extreme circumstances). <b>"Intensive"</b> format means it is in person at Luther but does not run the standard format 3 hours once per week. Intensive courses run full days for 5-6 days (please check your syllabus). Intensive days/times are not posted in LORIS. Please see this Luther link for dates/times.	Virtual Asynchronous (VA) do not include regularly scheduled class meeting times. VA course instruction will occur asynchronously, while Virtual Synchronous courses (VS) are delivered at a specific day and time.  VA courses may occasionally include 1 or 2 scheduled components for virtual interaction, such as for getting to know your professor and classmates. Some online courses may also include a requirement to regularly meet	
Fees Link to Tuition & Fees	In-person and online classes have the same fee structure. Full Time students pay per term, and Part Time students pay per	with a peer group.  In addition to all regular Laurier tuition and fees, online courses are subject to an online	
<u>webpage</u>	course.	course administration fee.	

Please note that this Checklist is for FULL TIME students. If you are a PART TIME student, find the Part Time Checklist available on our website.

Please use the below Checklist to indicate the courses you have already taken and those you plan to take during the coming year. This is not an "official registration" but is for planning purposes only. Please complete this form and take it to each advising appointment.		
Name:	Email:	Student ID:

### **Academic Advisor & Practicum Administrative Coordinator**

Aafiya Tinwala: <a href="mailto:lutherstudents@wlu.ca">lutherstudents@wlu.ca</a>

#### **Practicum Clinical Advisor**

Sarah Ciotti: sciotti@luther.wlu.ca

#### IMPORTANT INFORMATION ABOUT REGISTERING FOR COURSES

- NOTE: Dates/times/locations for courses held in the Fall and Winter terms can be found on LORIS.
  - o To find the days/times of "Intensive" courses, see Courses at Luther.
- In LORIS, we recommend putting in the term (Fall 2025) and then adding in the subject (Theology) and then searching (don't add the course code) so that all the courses come up for you.
- Unless noted otherwise, all courses are worth 0.5 credits.
- Students should register **early** for their courses. Courses fill up quickly, so registering early will help you get into the required courses.
  - Register for the Fall and Winter in May (starting May 15th). You can also register for Spring at this time, but we recommend
    waiting until January 5th to register for Spring courses because the Spring course schedule is not confirmed until then.
- Students should take at least one Theology or Scripture course each term to ensure the integration of spirituality and psychotherapy can begin early in the program.

# NOTE ABOUT INTENSIVE COURSES, TIME MANAGEMENT & BUDGETING

Please keep in mind that when taking "Intensive" courses, you will need to do preparation work (such as completing readings) before the start of the course. We suggest giving yourself at least a week in advance of the course, but ideally 2-3 weeks, to complete this preparation work.

We also encourage you to consider budgeting time and money for your own personal therapy during your studies, particularly before Practicum.

### PRACTICUM PLACEMENT & REQUIRED COURSES

Students must complete a minimum of eight courses, including all pre-requisite courses for the Practicum, before beginning their Placement. Placement occurs in the second year of the Full-Time program. It's important to note that part-time students also require a minimum of 8 courses, including all the pre-requisite courses, before undertaking their Practicum Placement. For Part Time students, Placement typically occurs in the third year of the program.

- Make sure you complete all the pre-requisites for the Practicum I and Practicum II courses (TH664M & TH664Q) or SPE course (TH652A) before starting your Placement in May or September of your second year.
  - o If you are taking SPE (TH652A) as your Placement option, you must take all the same pre-requisites as Practicum (TH664M & TH664Q) students. Students should enroll in the same course section of Practicum (I and II) (A, B, C, or D) for both terms.
  - Students can **NOT** do both an SPE and a Practicum Placement during their program you must choose one or the other.
- Some Placements require specific electives. Any questions should be directed to Practicum Clinical Advisor, Sarah Ciotti.
- Pre-requisites for Practicum (and SPE) are shaded in green in the Checklist below.
  - o Pre-requisites can **NOT** be taken concurrently with Placement.

# PLACEMENTS WITH A SPRING (MAY) START

- If you are starting your Practicum Placement in May, you must register in TH664M in the Spring term, to be covered by the university's liability insurance. You will still also register in TH664M for the Fall term. Classroom sessions for TH664M will not start until the Fall.
  - o If starting your Placement in May, we recommend limiting your courseload to **TWO** courses (in addition to TH664M).
- Once your practicum placement is finalized, complete your Learning Covenant (more information can be found in the Luther Hub). Once completed, **upload your Learning Covenant to your TH664M Spring course**. You will need to resubmit the Learning Covenant to your respective TH664M instructor in the Fall term.

Days/Times are subject to change. Be sure to check that the days and times on LORIS before registering to ensure they have not changed. You can also use the LORIS Visual Schedule Builder tool to make your planning easier.

### **OVERALL PROGRAM CHECKLIST**

Full Time students take 3 or 4 courses per term. This checklist recommends which courses to take in the Fall or Winter of your first year (noted in **yellow**), assuming that you are taking 4 courses per term. Taking these courses as identified will ensure that you are ready for the Practicum course and Placement in your second year. Courses with pre-requisites or additional considerations are noted in **blue**.

**NOTE:** If you are choosing to take 3 courses per term, you will have to complete at least 2 courses in the Spring term of your first year in order to be prepared for Practicum and Placement.

Sacred Scriptures and Resources	Availability	Taken/Plan to Take
Required: Take TWO of the following courses:	(Subject to Change)	Taken/Plan to Take
TH503A – Survey of the Hebrew Scriptures	Fall (2 sections)	
TH503C – Survey of the New Testament	Winter	
TH503E – Reading and Interpreting the Qur'an	Winter	
TH503H – Buddhist Discourses on Care	Fall (2 sections)	
TH530E – Foundations of Spiritualities	Fall	
Theology/Wisdom Traditions		
Required: Take ALL of the following courses:		
TH530A – Introduction to God and Theological Reflection	Fall (2 sections)	
We recommend taking this course in the Fall or Spring of your first year.	Spring – Intensive	
TH644A – Indigenous Wisdom and Methodology	Fall	
	Winter	
	Spring	
TH645A – Intersectionality: Interfaith and Intercultural perspectives	Fall	
We recommend taking this course in Fall or Winter of your first year.	Winter	
	Spring – Intensive	
Required: Take ONE of the following courses:		
TH530B – Introduction to Jesus and Salvation	Winter	
TH530C – Introduction to the Spirit and Community	Spring – Intensive	
TH503F – Survey of Sources in Asian Wisdom Traditions	Winter	

Psychotherapy and Counselling Courses		
Required: Take ONE of the following courses:		
Take ONE of these courses in Fall or Winter of your first year, as a Practicum pre-requisite.		
TH663M – Family Therapy Overview	Winter	
TH663Z – Theory of Change	Fall	
	Winter	
TH664O – The Neuroscience of Psychotherapy	Winter — VA	
Pre-requisite: TH663M – Family Therapy Overview or TH663Z – Theory of Change or instructor permission		
TH663L – Clinical Applications of Queer Theory	Winter	
Human Development		
Required: Take THIS course:		
TH663V – Human Development	Fall — VA	
We recommend taking this course in Fall or Winter of your first year.	Winter — VA	
	Spring — VA	
Other Required Courses (Core Practicum Pre-Requisites)		
Required: Take ALL of the following courses:		
TH664H – Professional Studies and Ethics	Fall — Intensive	
Take this course in Fall or Winter of your first year.	Fall — VA	
	Winter (in person)	
	Winter — VA	
TH663Y – Assessment	Fall (in person)	
Take this course in Fall or Winter of your first year.	Fall — VA	
	Winter (in person)	
	Winter — VA	
TH664L – Pre-Practicum	Winter (5 sections)	
Take this course in Winter of your first year.		

# **Other Required Courses (Practicum)**

**TH664M & TH664Q – Practicum I & Practicum II** are two 0.5 credit courses that you take in the Fall and Winter of your second year. You take these courses as you are also working at your placement site. There are 4 sections to choose from: A, B, C or D. Please be sure to **register in the SAME SECTION for both Practicum I and Practicum II,** so that you are in the same class with the same instructor for both Fall and Winter terms.

If you choose to take **TH652A – Supervised Pastoral Education** for your Practicum, you do not attend class at Luther. All of your classes are held at your SPE location.

# Pre-requisites for TH664M and TH652A are:

- One course from the Psychotherapy and Counselling Courses section (TH663L, TH663M, TH663Z or TH664O)
- Any other one Counselling course
- TH664H Professional Studies and Ethics
- TH663Y Assessment
- TH664L Pre-Practicum

# **Required: Take** the **TWO** following courses:

TH664M – Practicum I	Fall — VS (2 sections)
(or TH652A – Supervised Pastoral Education)	Fall
	(in person, 2 sections)
TH664Q – Practicum II	Winter – VS
(or TH652A – Supervised Pastoral Education)	(2 sections)
	Winter
	(in person, 2 sections)

# **Additional Counselling Theory Elective**

**Required: Take ONE** of the following counselling theory courses below, or an additional course from the Psychotherapy and Counselling Theory section above:

# We recommend taking ONE of these courses in your first year, as a Practicum pre-requisite.

TH663C – Cognitive and Dialectic Behaviour Therapy	Fall
	Winter
TH663O – Therapeutic Modalities for Working with Children	Winter — Intensive
TH663R – Core Skills in Emotionally Focused Therapy (EFT)	Winter — VS
Prerequisite: TH663W – Couple Therapy: Intervention	
TH663S – Spiritually Integrated Psychotherapy	Spring — Intensive
TH663W – Couple Therapy: Intervention	Fall — VS
	Spring — Intensive
TH664A – Introduction to Art Therapy	Spring — Intensive
NOTE: We strongly recommend taking ONLY TWO of the three following courses (TH664A, TH668X and	
TH668W) as you can only transfer two courses if you later pursue the planned Graduate Diploma in Applied	
Creative Arts & Counselling (starting Fall 2026). This also allows you room for more variety in your Counselling	
Electives section.	

TH664D – Post-Modern Family Therapy	Fall — Intensive	
TH664P – Mindfulness and Psychotherapy	Winter	
Additional Counselling Electives		
Required: Take TWO of these courses. These can be selected as an additional course from		
the Psychotherapy and Counselling Theory section, the Additional Counselling Theory		
Electives above, or from the following options below.		
TH663A - Grief	Winter	
	Spring — Intensive	
TH663U – Healing Alternative Adolescent	Spring — Intensive	
TH663X – Addiction, Mental Health and Spirituality: Clinical Applications	Fall	
TH664T – Trauma and Theodicy	Winter	
	Spring — Intensive	
TH668X – Introduction to Drama Therapy	Spring — Intensive	
NOTE: We strongly recommend taking ONLY TWO of the three following courses (TH664A, TH668X and	(to be confirmed)	
TH668W) as you can only transfer two courses if you later pursue the planned Graduate Diploma in Applied		
Creative Arts & Counselling (starting Fall 2026). This also allows you room for more variety in your Counselling Electives section.		
TH668W – Introduction to Music Therapy	Spring — Intensive	
<b>NOTE:</b> We strongly recommend taking ONLY TWO of the three following courses (TH664A, TH668X and	(to be confirmed)	
TH668W) as you can only transfer two courses if you later pursue the planned Graduate Diploma in Applied	(to be committed)	
Creative Arts & Counselling (starting Fall 2026). This also allows you room for more variety in your Counselling		
Electives section.		
16 REQUIRED COURSES (8 CREDITS)	TOTAL COURSES:	