

## Program Requirement Checklist: MA Theology, Spiritual Care and Psychotherapy – FULL TIME

In Person vs. Online Courses at Laurier		
Feature	In Person Classes	Online Courses at Luther/Laurier
<b>Design</b>	On-campus courses that you must attend class in person.	Originally and intentionally <b>designed as an online course</b> .
<b>Identification</b>	TH course code <u>without VA or VS designation</u> means it is in person at Luther.	You can identify an online course on LORIS by checking the section. <b>Virtual Asynchronous</b> online courses are marked <b>VA</b> . <b>Virtual Synchronous</b> are <b>VS</b> .
<b>Class Meetings &amp; Format</b>	<p>Usually a 3 hour class once per week for a 12 week term <b>or</b> Intensive format. As we are CRPO regulated, missing classes means you are missing required content (professional competencies) and is not permitted (unless under extreme circumstances).</p> <p><b>“Intensive”</b> format means it is in person at Luther but does not run the standard format 3 hours once per week. Intensive courses run full days for 5-6 days (please check your syllabus). Intensive days/times are not posted in LORIS. Please see <a href="#">this Luther link for dates/times</a>.</p>	<p>Virtual Asynchronous (VA) do not include regularly scheduled class meeting times. VA course instruction will occur asynchronously, while Virtual Synchronous courses (VS) are delivered at a specific day and time.</p> <p>VA courses may occasionally include 1 or 2 scheduled components for virtual interaction, such as for getting to know your professor and classmates. Some online courses <b>may also include a requirement to regularly meet with a peer group</b>.</p>
<b>Fees</b> <a href="#">Link to Tuition &amp; Fees webpage</a>	In-person and online classes have the same fee structure. Full Time students pay per term, and Part Time students pay per course.	In addition to all regular Laurier tuition and fees, online courses are subject to an online course administration fee.

Please use the below Checklist to indicate the courses you have already taken and those you plan to take during the coming year. This is not an “official registration” but is for **planning purposes only**. Please complete this form and take it to each advising appointment.

Name: \_\_\_\_\_ Email: \_\_\_\_\_ Student ID: \_\_\_\_\_

**Academic Advisor**

Aafiya Tinwala: [lutherstudents@wlu.ca](mailto:lutherstudents@wlu.ca)

**Clinical Advisor**

Marc Blainey: [mblainey@luther.wlu.ca](mailto:mblainey@luther.wlu.ca)

## IMPORTANT INFORMATION ABOUT REGISTERING FOR COURSES

- **NOTE:** Dates/times/locations for courses held in the Fall and Winter terms can be found on LORIS.
  - To find the days/times of “Intensive” courses, see [Courses at Luther](#).
- In LORIS, we recommend putting in the term (Fall 2025) and then adding in the subject (Theology) and then searching (don’t add the course code) so that all the courses come up for you.
- Unless noted otherwise, all courses are worth 0.5 credits.
- Students should register **early** for their courses. Courses fill up quickly, so registering early will help you get into the required courses.
  - **Register for the Fall and Winter in May (starting May 15th)**. You can also register for Spring at this time, but we recommend **waiting until January 5th to register for Spring courses** because the Spring course schedule is not confirmed until then.
- Students should take at least one Theology or Scripture course each term to ensure the integration of spirituality and psychotherapy can begin early in the program.

**Please note that this Checklist is for FULL TIME students.**  
If you are a PART TIME student, please review the Part Time Checklist available on [our website](#).

## NOTE ABOUT INTENSIVE COURSES, TIME MANAGEMENT & BUDGETING

Please keep in mind that when taking “Intensive” courses, you will need to do preparation work (such as completing readings) before the start of the course. We suggest giving yourself **at least a week** in advance of the course, but **ideally 2-3 weeks**, to complete this preparation work.

We also encourage you to consider budgeting time and money for your own personal therapy during your studies, particularly before Practicum.

## PRACTICUM PLACEMENT & REQUIRED COURSES

**Students must complete a minimum of eight courses, including all pre-requisite courses for the Practicum, before beginning their Placement.**

Placement occurs in the second year of the Full-Time program. It's important to note that part-time students also require a minimum of 8 courses, including all the pre-requisite courses, before undertaking their Practicum Placement. For Part Time students, Placement typically occurs in the third year of the program.

- Make sure you complete all the pre-requisites for the Practicum I and Practicum II courses (TH664M & TH664Q) or SPE course (TH652A) before starting your Placement in May or September of your second year.
  - If you are taking SPE (TH652A) as your Placement option, you must take all the same pre-requisites as Practicum (TH664M & TH664Q) students. Students should enroll in the same course section of Practicum (I and II) (A, B, C, or D) for both terms.
  - Students can **NOT** do both an SPE and a Practicum Placement during their program – you must choose one or the other.
- If you are starting Practicum Placement **during May, you must be registered in at least ONE Spring course**, and we recommend that you **limit your course load to a maximum of TWO courses**. If you are not starting Placement in May, you may take three or four Spring courses.
  - Some Placements require specific electives. Any questions should be directed to Clinical Advisor, Marc Blainey.
- Pre-requisites for Practicum (and SPE) are shaded in **green** in the Checklist below.
  - Pre-requisites can **NOT** be taken concurrently with Placement.

**Days/Times are subject to change. Be sure to check that the days and times on LORIS before registering to ensure they have not changed. You can also use the [LORIS Visual Schedule Builder](#) tool to make your planning easier.**

## OVERALL PROGRAM CHECKLIST

Full Time students take 3 or 4 courses per term. This checklist recommends which courses to take in the Fall or Winter of your first year (noted in **yellow**), assuming that you are taking 4 courses per term. Taking these courses as identified will ensure that you are ready for the Practicum course and Placement in your second year. Courses with pre-requisites or additional considerations are noted in **blue**.

**NOTE:** If you are choosing to take 3 courses per term, you will have to complete at least 2 courses in the Spring term of your first year in order to be prepared for Practicum and Placement.

<b>Sacred Scriptures and Resources</b>		Availability (Subject to Change)	Taken/Plan to Take
<b>Required:</b> Take <b>TWO</b> of the following courses:			
TH503A – Survey of the Hebrew Scriptures		Fall (2 sections)	
TH503C – Survey of the New Testament		Winter	
TH503E – Reading and Interpreting the Qur'an		Winter	
TH503H – Buddhist Discourses on Care		Fall (2 sections)	
<b>Theology/Wisdom Traditions</b>			
<b>Required:</b> Take <b>ALL</b> of the following courses:			
TH530A – Introduction to God and Theological Reflection		Fall (2 sections)	
<b>We recommend taking this course in the Fall or Spring of your first year.</b>		Spring – Intensive	
TH644A – Indigenous Wisdom and Methodology		Fall Winter Spring	
TH645A – Intersectionality: Interfaith and Intercultural perspectives		Fall Winter Spring – Intensive	
<b>Required:</b> Take <b>ONE</b> of the following courses:			
TH530B – Introduction to Jesus and Salvation		Winter	
TH530C – Introduction to the Spirit and Community		Spring – Intensive	
TH503F – Survey of Sources in Asian Wisdom Traditions		Winter	
<b>Psychotherapy and Counselling Courses</b>			
<b>Required:</b> Take <b>ONE</b> of the following courses:			
<b>Take ONE of these courses in Fall or Winter of your first year, as a Practicum pre-requisite.</b>			
TH663M – Family Therapy Overview		Winter	
TH663Z – Theory of Change		Fall	

	Winter	
TH664O – The Neuroscience of Psychotherapy Pre-requisite: TH663M – Family Therapy Overview or TH663Z – Theory of Change or instructor permission	Winter — VA	
TH663L – Clinical Applications of Queer Theory	Winter	
<b>Human Development</b> Required: Take <b>THIS</b> course:		
TH663V – Human Development We recommend taking this course in Fall, Winter or Spring of your first year.	Fall — VA Winter — VA Spring — VA	
<b>Other Required Courses (Core Practicum Pre-Requisites)</b> Required: Take <b>ALL</b> of the following courses:		
TH664H – Professional Studies and Ethics Take this course in Fall or Winter of your first year.	Fall — Intensive Fall — VA Winter (in person) Winter — VA	
TH663Y – Assessment Take this course in Fall or Winter of your first year.	Fall (in person) Fall — VA Winter (in person) Winter — VA	
TH664L – Pre-Practicum Take this course in Winter of your first year.	Winter (5 sections)	
<b>Other Required Courses (Practicum)</b>  <b>TH664M &amp; TH664Q – Practicum I &amp; Practicum II</b> are two 0.5 credit courses that you take in the Fall and Winter of your second year. You take these courses as you are also working at your placement site. There are 4 sections to choose from: A, B, C or D.  Please be sure to <b>register in the SAME SECTION for both Practicum I and Practicum II</b> , so that you are in the same class with the same instructor for both Fall and Winter terms.  If you choose to take <b>TH652A – Supervised Pastoral Education</b> for your Practicum, you do not attend class at Luther. All of your classes are held at your SPE location.		

**Pre-requisites for TH664M and TH652A are:**

- One course from the Psychotherapy and Counselling Courses section (TH663L, TH663M, TH663Z or TH664O)
- Any other one Counselling course
- TH664H – Professional Studies and Ethics
- TH663Y – Assessment
- TH664L – Pre-Practicum

**Required: Take the TWO following courses:**

TH664M – Practicum I  (or TH652A – Supervised Pastoral Education in person onsite at your SPE location)	Fall — VS (2 sections) Fall (in person, 2 sections)	
TH664Q – Practicum II  (or TH652A – Supervised Pastoral Education in person onsite at your SPE location)	Winter – VS (2 sections) Winter (in person, 2 sections)	

**Additional Counselling Theory Elective**

**Required: Take ONE** of the following counselling theory courses below, or an additional course from the Psychotherapy and Counselling Theory section above:

**We recommend taking ONE of these courses in your first year, as a Practicum pre-requisite.**

TH663C – Cognitive and Dialectic Behaviour Therapy	Fall Winter	
TH663O – Therapeutic Modalities for Working with Children	Winter — Intensive	
TH663R – Core Skills in Emotionally Focused Therapy (EFT) Prerequisite: TH663W – Couple Therapy: Intervention	Winter — VS	
TH663S – Spiritually Integrated Psychotherapy	Spring — Intensive	
TH663W – Couple Therapy: Intervention	Fall — VS Spring — Intensive	
TH664A – Introduction to Art Therapy <b>NOTE:</b> We strongly recommend taking ONLY TWO of the three following courses (TH664A, TH668X and TH668W) as you can only transfer two courses if you later pursue the planned Graduate Diploma in Applied Creative Arts & Counselling (starting Fall 2026). This also allows you room for more variety in your Counselling Electives section.	Spring — Intensive	
TH664D – Post-Modern Family Therapy	Fall — Intensive	
TH664P – Mindfulness and Psychotherapy	Winter	

### Additional Counselling Electives

**Required: Take TWO** of these courses. These can be selected as an additional course from the Psychotherapy and Counselling Theory section, the Additional Counselling Theory Electives above, or from the following options below.

TH663A - Grief	Winter Spring — Intensive	
TH663U – Healing Alternative Adolescent	Spring — Intensive	
TH663X – Addiction, Mental Health and Spirituality: Clinical Applications	Fall	
TH664T – Trauma and Theodicy	Winter Spring — Intensive	
TH668X – Introduction to Drama Therapy <b>NOTE:</b> We strongly recommend taking ONLY TWO of the three following courses (TH664A, TH668X and TH668W) as you can only transfer two courses if you later pursue the planned Graduate Diploma in Applied Creative Arts & Counselling (starting Fall 2026). This also allows you room for more variety in your Counselling Electives section.	Spring — Intensive (to be confirmed)	
TH668W – Introduction to Music Therapy <b>NOTE:</b> We strongly recommend taking ONLY TWO of the three following courses (TH664A, TH668X and TH668W) as you can only transfer two courses if you later pursue the planned Graduate Diploma in Applied Creative Arts & Counselling (starting Fall 2026). This also allows you room for more variety in your Counselling Electives section.	Spring — Intensive (to be confirmed)	
<b>16 REQUIRED COURSES (8 CREDITS)</b>	<b>TOTAL COURSES:</b>	